



OUR MENU

Store Hours: Tuesday-Saturday: 5am-4pm Sunday: 7am-3pm

Phone Orders: 732-223-4747

Call For Daily Specials and Soups!

BREAKFAST SANDWICHES

Egg sandwich: alone or with choice of cheese, &/or meat
(porkroll, ham, sausage, bacon, turkey bacon, turkey sausage, roast turkey, salami)

*Add **Home Fries** to sandwich or put them on the side

***Egg whites** for a healthier option

Bread choices: Fresh baked Hard Rolls, Bagels, & Sub Rolls; White, Whole Wheat, Multi Grain & Gluten Free Breads; English Muffins, 4 types of wraps

BREAKFAST PLATTERS:

Including toast of choice, home fries, & 2 eggs any style.

* Add breakfast meat of choice if desired

OMELETES:

Made with 3 eggs & includes toast of choice & home fries

Western: Ham, peppers & onions

Eastern: Porkroll, peppers & onions

Veggie: Tomato, pepper, onion, spinach, mushroom, & broccoli

Meat & cheese: Choice of meat & cheese

Jeff Special: Chicken, turkey bacon, garlic, spinach & feta cheese (toast & home fries not included)

Pancakes: Regular, Choc. Chip, M & M, Peanut Butter, or Gluten Free

French Toast: Regular or Gluten Free

Daily Breakfast Specials Available

FROM THE GRILL

Hamburger or Cheeseburger

California Hamburger or Cheese Burger:

with lettuce, tomato, red onion, & mayo

Jersey Burger: with porkroll and cheese

Allenwood Burger: with bacon & muenster

Cheese Steak or Chicken Cheese Steak:

choice of cheese on a sub roll (add peppers, onions, mushrooms)

Grilled Chicken Breast Club: on choice of bread with bacon, lettuce, tomato, red onion, & mayo

Hot Dog: (add relish or sauerkraut)

BLT: on choice of bread with lettuce, tomato, mayo

Grilled Cheese: on choice of bread (add bacon)

Tuna Melt: choose bread & cheese

Flounder Sandwich: with tartar sauce, lettuce & tomato on a sub roll

BBQ Rib Sandwich: on a hard roll with BBQ sauce (add lettuce, tomato, red onion)

Chicken Parmesan: Breaded chicken, melted mozzarella, marinara on a sub roll

Turkey Burger: House made all white meat patty with choice of topping & bread or roll

Veggie Burger: with choice of topping & bread or roll

Heather Special: Chicken salad melt on multi grain with swiss, turkey bacon & tomato

Rueben: Grilled pastrami & swiss on rye with russian dressing & sauerkraut

Black Russian: Grilled turkey & swiss on rye with russian dressing & homemade coleslaw

Daily Lunch Special Available

FROM THE FRYER

French Fries Jersey Shore Fries

Sweet Potato Fries Onion Rings

Chicken Tenders Mozz. Sticks